TYNDALE SEMINARY



COURSE SYLLABUS FALL 2024 / WINTER 2025

"The mission of Tyndale Seminary is to provide Christ-centred graduate theological education for leaders in the church and society whose lives are marked by intellectual maturity, spiritual vigour and moral integrity, and whose witness will faithfully engage culture with the Gospel."

Course	SPIRITUAL DIRECTION INTERNSHIP I & II SPIR 0710 / 0711 1S
Date and Time	SPIR 0710: SEPTEMBER 11– DECEMBER 4, 2024
Date and Time	SPIR 0710: SEPTEMBER 11- DECEMBER 4, 2024 SPIR 0711: JANUARY 15 – APRIL 9, 2025
	WEDNESDAY, 2:15 – 5:05 PM
	SYNCHRONOUS ONLINE
	ORIENTATION DAY: WEDNESDAY, SEPTEMBER 4, 10:00 AM-3:00 PM.
Instructor	WILMA CLARKE, MTS, CSD, CSDS
	Email: wclarke@tyndale.ca
	Supervisors: Jenn Aspilla, MDiv., CSD. Email: jaspilla@tyndale.ca Sylvia Buchanan, MTS, CSD, CSDS. Email: buchanansyl@mytyndale.ca Dr. Alison Moore, DMin, CSD (qualifying). Email: moorealison@mytyndale.ca Dr. Ingrid Reichard, DMin, MTS, CSD Email: ireichard@tyndale.ca Dr. Anita Wong, DMin, MDiv, B.Ed, CSD Email: wonganita@mytyndale.ca
Class Information	The classes will be livestreamed on Wednesday 2:15 PM-5:05 PM. Office Hours: by appointment.
Course Material	Access course material at <u>classes.tyndale.ca</u> Course emails will be sent to your @MyTyndale.ca e-mail account only.

I. COURSE DESCRIPTION

Designed for those seeking to become certified spiritual directors. Students learn the art and practice of spiritual direction through weekly practices of soul care, teaching, supervised in-class sessions, individual supervision, and by providing bi-weekly spiritual direction to directees. Through these multi-faceted experiences, students explore their capacity to help others attend

to God's presence in their lives while living out a theology of love for God, self and others. The two courses run consecutively from September to April. Students must register for both courses.

Prerequisites: SPIR 0700, SPIR 0610, SPIR 0609, SPIR 0601; Successful interview with the instructor (prior to June 30 for the following Fall semester); Evidence of having met with a Spiritual Director for at least one year; Three references submitted to the internship instructor. *Limited enrolment.*

II. LEARNING OUTCOMES

At the end of the course, students will be able to:

- 1. Formulate a theological and biblical foundation for the practice of spiritual direction and practice theological reflection as the basis for ongoing conversion.
- 2. Employ hospitable, deep listening as a means helping others attend more deeply to God's presence and leading in their lives.
- 3. Appraise and employ wisdom from key authors and literature pertaining to the ancient roots and contemporary practices of spiritual direction.
- 4. Explain key components related to spiritual formation and direction, including but not limited to the contours of a healthy growing faith and spiritual pathways; deepening intimacy and prayer, God image, discernment, self-image and self-awareness; theological reflection, sin, suffering, forgiveness and healing; community, cultural sensitivity and growth "for the sake of others" (Reference: Spiritual Direction Competencies, 2024-2025).
- 5. Practice listening prayer, ongoing reflection and supervision as essential to personal maturation and integrity of practice.
- 6. Recognize one's gifts and growing edges, posture and ongoing discernment related to the (ongoing) call of spiritual direction.

III. COURSE REQUIREMENTS

A. REQUIRED READING

Summer Reading:

Johnson, Jan. When the Soul Listens; Finding Rest and Direction in Contemplative Prayer. 2nd edition. Colorado Springs. CO: Nav Press, 2017

Fall Reading:

Bakke, Jeanette A. Holy Invitations. Grand Rapids: Baker, 2000.

- Hagberg, Janet O. & Robert A. Guelich. The Critical Journey: Stages in the Life of Faith. Salem, WI: Sheffield Pub. Co., 2005. (Chapters 1-4 only)
- Job, Reuben P. & Norman Shawchuck. A Guide to Prayer for All God's People. Nashville, TN: The Upper Room, 1994. (ongoing, follow the Lectionary)
- Miller, Wendy. Jesus our Spiritual Director. Nashville: Upper Room Books, 2004. (Chapters 1-8)

Winter Reading:

- Hagberg, Janet O. & Robert A. Guelich. The Critical Journey: Stages in the Life of Faith. Salem, WI: Sheffield Pub. Co., 2005. (Chapters 5 – end).
- Job, Reuben P. & Norman Shawchuck. A Guide to Prayer for All God's People. Nashville, TN: The Upper Room, 1994. (on-going)
- Miller, Wendy. Jesus our Spiritual Director. Nashville: Upper Room Books, 2004. (Chapters 9-13)

B. SUPPLEMENTARY / RECOMMENDED READING AND TOOLS

- Barton, Ruth Haley. Invitation to Solitude and Silence; Experiencing God's Transforming Presence. Downers Grove, Illinois: IVP Books, 2010
- Calhoun, Adele Ahlberg. Spiritual Disciplines Handbook (revised & expanded). Downers Grove: IVP, 2015.
- Mulholland, Robert. Invitation to a Journey. Downer Grove: IVP, 1993.

Nouwen, Henri. Spiritual Direction. New York: Harper Collins, 2006.

Articles related to in-class teaching and topics arising within spiritual direction sessions are posted weekly to the class page (Moodle). This helps familiarize you with what a wide range of historical and contemporary authors have written about spiritual direction. These articles plus the bibliography provide resources for your reflection/research assignments.

Online research resources

www.archive.org. National Emergency Library Open Access Digital Theological Library Tyndale recommends www.stepbible.org – a free and reputable online resource developed by Tyndale House (Cambridge, England) – for word searches of original-language texts, as well as for topical searches, interlinear texts, dictionaries, etc. Refer to the library for other online resources for Biblical Studies.

C. INTERACTIVE LIVESTREAM AND/OR HYBRID COURSE REQUIREMENTS

- Livestream attendance at announced times
- Headphones (preferred), built-in microphone, and web-camera
- Well-lit and quiet room
- Stable high-speed internet connection, preferably using an Ethernet cable over Wi-Fi
- Familiarity with Zoom and Moodle (Zoom link and class handout will be posted within Moodle)
- Full name displayed on Zoom and/or Microsoft Teams for attendance purposes
- A commitment to having the camera on to foster community building

D. GUIDELINES FOR INTERACTIONS

Tyndale University prides itself in being a trans-denominational community. We anticipate our students to have varied viewpoints which will enrich the discussions in our learning community. Therefore, we ask our students to be charitable and respectful in their interactions with each other, and to remain focused on the topic of discussion, out of respect to others who have committed to being a part of this learning community. Please refer to "Guidelines for Interactions" on your course resource page at <u>classes.tyndale.ca</u>.

E. ASSIGNMENTS AND GRADING

- 1. This is an internship for spiritual direction in formation. Interns are required to attend and fully participate in all scheduled classes: Wednesdays, 2:15-5:05PM. Also required: mandatory attendance and participation at the online orientation class on September 4, 2024 (10:00 am - 3:00 pm).
- 2. Interns are required to offer six (6) sessions of spiritual direction to a minimum of five (5) "Directees" outside class hours on a bi-weekly basis (a minimum of 30 hours per semester). Those wishing to meet with more than eight (8) Directees require permission from the Instructor. (Note: All accrued supervised hours will be credited towards the CSD designation).
- **3.** Interns are required to continue receiving personal spiritual direction on a regular basis. It is a prerequisite to have received spiritual direction for the immediate year before the practicum and to continue in receiving individual spiritual direction throughout the

- Practicum year. The Retreat in Daily Life (RDL) will substitute for personal spiritual direction and a retreat in the Fall Semester.
- **4.** Interns are required to prepare and present for triads with supervision.
- 5. Interns will send their assigned Supervisor reflective work per class guidelines on the Friday before their supervision appointment (grace day: Saturday).
- **6.** Fall Semester: in-class practice and discussion plus three brief reflection + horizon analysis papers. Winter Semester: developing facility with the CRF (Contemplative Reflection Form); continued in-class practice, discussion and written work. **Due: Ongoing** throughout the semester
- 7. Forums: Share resources and questions with other Interns (top of class page). Occasional forum questions will be posted for class responses.
- **8.** Submit a 12-14 page 2-part reflection and research paper (See Section H of this syllabus regarding Guidelines) at the end of Fall Semester: a) continue to reflect on your personal prayer and experience (3 pages) and Horizon Analysis (1 page) and b) research into an area for deeper study and growth emerging from your practice of spiritual direction from September-December (8-10 pages). Include cover page and page numbers. If emailing Paper, format Subject Line as Round #, year, first initial, last name. See Section H of this syllabus for academic Guidelines. **DUE December 11th, 2024**
- 9. Submit a 18-20 page 3-part paper including personal reflection and Horizon Analysis (4 pages), research related to emerging questions and or area/s of competency as a spiritual director (9-11 pages) plus learning drawn from your CRFs (6-8 pages). These should highlight personal transformation and growth, skill development throughout the year and ongoing, personal discernment of the ministry of spiritual direction. It can draw from class soul care, teaching, reading and research discoveries, triad work and supervision, the prayer guide, journaling and ongoing reflection during the Winter Semester. Lastly, it should identify how you have been personally challenged and transformed through your time at Tyndale highlighting your internship year and practices you have incorporated into your rhythm of life. A final paragraph should identify what you see as your calling, passion and focus of ministry. This serves as a personalized mission statement for you. Attach as appendices your accumulated internship hours, as well as 6 completed CRF forms, and a one-page summary of your 24-hour retreat. Additional details will be given in class. **DUE April 11, 2025**
- 10. Competency Interview the week of April 16-18, 2025 (by appointment).

F. EQUITY OF ACCESS

Students with permanent or temporary disabilities who need academic accommodations must contact the Accessibility Services at the Centre for Academic Excellence to register and discuss

their specific needs. New students must self-identify and register with the Accessibility Office at the beginning of the semester or as early as possible to access appropriate services. Current students must renew their plans as early as possible to have active accommodations in place.

G. SUMMARY OF ASSIGNMENTS AND GRADING

This is pass/fail course.

COMPONENT	Fall 2024	Winter 2025
Individual supervision	3 hr	3 hr
Group supervision of D'r	9 hr	9 hr
Giving individual direction	Track accumulated hours per class hand-out	Track accumulated hours per class hand-out
Retreat	RDL - required	24-hour individual - required
Personal direction received	RDL substitutes for this	3 sessions w/your own D'r
Personal Devotional Life and Journaling	Daily text: A Guide to Prayer for All God's People	Daily text: A Guide to Prayer for All God's People
Reading: Class texts / posts	ongoing	ongoing

Evaluation is based upon the completion of the following assignments:

Reflection paper + Horizon Analysis (3 per term)	18%
Fall Term research paper	10%
6 Contemplative Reflection Forms (CRF) for supervision	18%
Winter Term research and CRF competency paper	18%
Recommendation of your supervisor	14%
Class/Triad participation	12%
Forums	10%
Total grade	100%

H. GENERAL GUIDELINES FOR THE SUBMISSION OF WRITTEN WORK

All written work must be emailed to the Instructor at wclarke@tyndale.ca using this format ONLY for naming file attachments: name, title, date (e.g. TSmith, Reflection Paper 1Oct 2024). For proper citation style, consult the tip sheet, "Documenting Chicago Style" (Tyndale eresource) or the full edition of the Chicago Manual of Style Online, especially ch. 14. For citing scripture texts, refer to sections 10.44 to 10.48 and 14.238 to 14.241 from the Chicago Manual of Style or reference the tip sheet, "Citing Sources in Theology".

Academic Integrity

Integrity in academic work is required of all our students. Academic dishonesty is any breach of this integrity, and includes such practices as cheating (the use of unauthorized material on tests and examinations), submitting the same work for different classes without permission of the instructors; using false information (including false references to secondary sources) in an assignment; improper or unacknowledged collaboration with other students, and plagiarism (including improper use of artificial intelligence programs). Tyndale University takes seriously its responsibility to uphold academic integrity, and to penalize academic dishonesty. Please refer to the Academic Integrity website for further details.

Students are encouraged to consult Writing Services. Citation and other tip sheets.

Students should also consult the current <u>Academic Calendar</u> for academic polices on Academic Honesty, Gender Inclusive Language in Written Assignments, Late Papers and Extensions, Return of Assignments, and Grading System.

Research Ethics

All course-based assignments involving human participants requires ethical review and may require approval by the Tyndale Research Ethics Board (REB). Check with the Seminary Dean's Office (aau@tyndale.ca) before proceeding.

IV. COURSE SCHEDULE, CONTENT AND REQUIRED READINGS

SPIR 0710 - Fall 2024

Note: check for further readings posted to the Course Page on Moodle.

Sept 4: Orientation Day

- Attendance is mandatory; we will cover the essentials of accepting Directees and your first session as a Director.
- Download and work through Handbook for Tyndale Spiritual Direction Interns (see Moodle).
- Discussion:
 - How has God invited you to tend your soul in preparation for the upcoming spiritual direction internship?

Sept 11/Round 1.1: What is spiritual direction? Who is a spiritual director?

- Reading: Bakke, Ch. 1; Miller, Ch. 1-2
- Spiritual Direction Charism, Competencies & Cutting Edges 2024-2025 (Moodle)
- Prayer Guide. Read pages 13-19, #46: God's Unlimited Grace, Year B, 280ff

Sept 18/Round 1.2: Listening to the RAIN

- Reading: Bakke, Ch. 2; Hagberg & Guelich, Ch 1 & 2
- Prayer Guide, # 47: Good Stewards, Year B, 286ff

Sept 25/Round 1.3: Reflecting on Experience

- Reading: Bakke, Ch. 10;
- Prayer Guide, #48: Who Enters God's Kingdom?, Year B, 292ff Forum: Answer questions posted on Moodle

Oct 2/Round 1:4: Supervision 1 - by appointment

- Preparatory work (per class guidelines) sent to Supervisor Sept 27th
- Reading: Bakke, Ch. 3, 4, 5
- Prayer Guide, #49: Faithful and Obedient, Year B, 297ff

Oct 9/Round 2.1: Ways of Knowing: Emotion

- **DUE**: Reflection Paper + Horizon Analysis 1. (Email Instructor: wclarke@tyndale.ca. Label file attachment: name, title, date (see H. General Guidelines for Written Work, point one)
- Reading: Bakke, Ch. 8; Miller, Ch. 3-4
- Prayer Guide, #50: All Things are Possible; Year B 303ff

Oct 16/Round 2.2: Ways of Knowing: The Body

- Reading: Bakke, Ch. 14;
- Prayer Guide, #51: Servanthood, Year B 308ff

RDL Opening (Retreat in Everyday Life; details to follow)

- Coordinator: Misa Mochinaga
- Saturday, October 19th, 10:30 am 12:00 pm (Details to follow)

Oct 23. Reading Week.

- Take these tests: 1) Spiritual Gifts, 2) Sacred Pathways (see Moodle) and append your results with Reflection Paper 2.
- Prayer Guide, #52: When Jesus Calls, Year B, 314ff

Oct 30/Round 2.3: Opening the Eyes of Our Heart: Images & Imagination

- Reading: Miller, Ch 5-6

- Prayer Guide, #53: True Humanity, Year B, 319ff

Nov 6/Round 2.4: Supervision 2 - by appointment

- Preparatory work (per class guidelines) sent to Supervisor **Nov.1st**
- Reading: Bakke, Ch. 11
- Prayer Guide, #54: A Resurrection People, Year B, 325ff

Nov 13/Round 3.1: Stages of Faith; Awakening, Sin, Purgation

- **DUE**: Reflection Paper + Horizon Analysis 2 (email to Instructor). Note Section H. Guidelines. Include your results from Spiritual Gifts and Sacred Pathways.
- Reading: Hagberg, Ch. 3 & 4 (also pages 162-169); Miller, Ch.7-8
- Prayer Guide, #55: Faithful Witness, 331ff

Nov 20/Round 3.2: Prayer and Praying

- Reading: Bakke, Ch. 12
- Prayer Guide, #56: Christ the King, Year B, 336ff

RDL closing (details to follow)

- Saturday, Nov 23rd, 10:30 am -12:00 pm.

Nov 27/Round 3.3: Ways of Knowing: Interior Dialogue (CRF)

- Reading: Bakke, Ch 13
- Prayer Guide, Advent 1 Year C; #1: Waiting and Watching, 23ff

Dec. 4/Round 3.4: Supervision 3 - by appointment

- Preparatory work (per class guidelines) sent to Supervisor Nov 29th
- Reading: Bakke, Ch. 9, 15, 16
- Prayer Guide, Advent II, #2, Year C, Getting Ready, 30ff

Dec 11:

- **DUE.** 2-part Term Paper (Reflection Paper + Horizon Analysis 3 AND Research Paper) Email 2 clearly named attachments to Instructor per Section H. Guidelines)
- Prayer Guide, Advent III, #3, Good News, 36ff
- Prayer Guide, Advent IV; #4, When God Comes, 42ff.
 - o Dec 29, #5, Year C, God's Greatest Gifts, 47ff
 - o Jan 5, #6, Year C, Chosen by God, 52ff
 - o Jan 7, # 7, Year C, God's Eternal Purpose, 58ff

SPIR 0711 - Winter 2025

Note: check for further readings posted to the Course Page on Moodle.

Jan 15/Round 4.1: "We begin again"; Repetition and Resistance

- Reading: Johnson, Ch 1-3; Hagberg & Guelich, Ch 5, 6 (also pages 169-175), Miller, Ch.9-10
- Prayer Guide, #8: Year C, Following Jesus, 65ff
- Moodle: Guidelines for Final Paper. Review SD Competencies 2024-2025

Jan 22/Round 4.2: Forgiveness and healing

- Reading: Johnson, Ch. 9
- Prayer Guide, #9: Year C, The Call of God, 72ff

Jan 29/Round 4.3: The Wall/Nights

- Reading: Hagberg & Guelich, The Wall, Ch. 7, 13. Also pages 202-208; 224-226.
- Reading: Johnson, Ch. 7 & 8
- Prayer Guide, #10: Year C, The Power of God's Word, 78ff

Feb 5/Round 4.4: Supervision 4, by appointment

- CRF sent to Supervisor Jan 31st
- Reading: Johnson, Ch. 5
- Prayer Guide, #11: Year C, The Meaning of Discipleship, 85ff

Feb 12/Round 5.1: Transference/Countertransference

- Instructor: Rev. Misa Mochinaga
- **DUE:** Reflection paper + Horizon Analysis 4 (Email to instructor)
- Reading: Hagberg & Guelich, (pages 175-178, 232-250); Bakke Ch 15; Miller Ch 11-12
- Prayer Guide, #12: Year C, Choose Life, 91ff.

Feb 19: Reading Week

- Reading: Johnson, Ch. 10
- Hagberg & Guelich, Ch. 11;
- Prayer Guide: #13: Year C, The Abundance of God's Mercy, 96ff

Feb 26/Round 5.2: Dreams and Unconscious

- Reading: Hagberg & Guelich, Ch.8 (also pages 179-184)
- Take Spiritual Life Inventory
- Prayer Guide, #14. Year C, Good People-Good Actions, 102ff

Mar. 5/Round 5.3: A Discerning Heart: discerning and deciding

- Reading: Johnson, Ch. 13; Hagberg & Guelich; Ch. 12
- Prayer Guide, **Ash Wednesday, Lent 1. #16,** Year C, *Getting Ready to Serve, 114ff*

Mar 12/Round 5.4: Supervision 5 - by appointment

- CRF to be sent to Supervisor March 7
- Reading: Johnson, Ch. 15; Hagberg & Guelich, Ch. 10
- Prayer Guide, Lent 2 #17: Year C, What God has Promised, 120ff

Mar 19/Round 6.1: Spiritual Direction: "For the sake of others"

- **DUE.** Reflection Paper + Horizon Analysis 5. Include results of Spiritual Life Inventory (see Moodle, Feb. 26) Email to Instructor.
- Reading: Johnson, Ch. 6; Hagberg & Guelich, Ch 9 (also p226-229); Miller Ch. 13
- Prayer Guide, Lent 3 #18, Year C, Meeting God Face to Face, 125ff

Mar 26/Round 6.2: Suffering; Stations of the Cross

- Reading: Johnson, Ch. 14; Hagberg & Guelich Ch. 14
- Prayer Guide, Lent 4 #19: Year C, The God Who Seeks, 131ff

Apr 2/Round 6.3: Discerning the practice of spiritual direction

- Reading: Johnson, Ch. 12.
- Prayer Guide, Lent 5, #20 Year C: Power to Give Life, 137ff

April 9/Round 6.4: Supervision 6 - by appointment

- Reading: Johnson, Ch. 17
- Prayer Guide, #21: The Cost of Right Choices, 143ff
- CRF sent to Supervisor April 4

April 11: 3-part Final paper DUE (Reflection + Horizon Analysis 6, Research, CRF/Competencies)

April 16-18: Competency interview (by appointment)

V. SELECTED BIBLIOGRAPHY

(<u>Tyndale Library</u> supports this course with <u>e-journals</u>, <u>e-books</u>, and the <u>mail delivery of books</u> and circulating materials. See the Library FAQ page.)

Anderson, Keith, and Randy D. Reese. Spiritual Mentoring; A Guide for Seeking and Giving Direction. Downers Grove, IL: InterVarsity, 1999.

Baker, Howard. Soul Keeping; Ancient Paths of Spiritual Direction. Colorado Springs, CO: NavPress, 1998.

Bakke, Jeannette. Holy Invitations. Grand Rapids: Baker, 2000.

Barry, William A., and William J. Connolly. <i>The Practice of Spiritual Direction</i> . HarperSanFrancisco, 1984.
With an Everlasting Love; Developing an Intimate Relationship with God. Mahwah, NJ Paulist Press, 1999.
Spiritual Direction and the Encounter with God; A Theological Inquiry. Mahweh NJ: Paulist Press, 2004.
Barton, Ruth Haley. <i>Invitation to Solitude and Silence</i> . Downers Grove, IL: InterVarsity, 2010 <i>Sacred Rhythms</i> . Downers Grove, IL: InterVarsity, 2006.
. Pursuing God's Will Together. Downers Grove, IL: InterVarsity, 2012.
Strengthening the Soul of Your Leadership. Downers Grove, IL: InterVarsity, 2008.
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Care of Souls; Revisiting Christian Nurture and Counsel. Grand Rapids, MI: Baker Book, 2006.
<i>Desiring God's Will; Aligning Our Hearts with the Heart of God.</i> Downers Grove, IL: InterVarsity, 2005.
Healing Emotional Wounds. Perrysburg, OH: Welch Pub. Co., 1990.
Opening To God. Downers Grove, IL: InterVarsity, 2010.
Spirituality and the Awakening Self. Grand Rapids: Brazos Press, 2012.
Surrender to Love. Downers Grove, IL: InterVarsity, 2004.
The Gift of Being Yourself. Downers Grove, IL: InterVarsity, 2004
Benner, Juliet. <i>Contemplative Vision</i> . Downers Grove, IL: InterVarsity, 2011.
Brown Taylor, Barbara. <i>Learning to Walk in the Dark</i> . New York: HarperCollins Pub., 2014.
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. The Healing Word; Gospel Medicine for the Soul. London: SPCK, 2013.
Bourgeault, Cynthia. <i>The Wisdom Way of Knowing; Reclaiming an Ancient Tradition to Awaken the Heart</i> . San Francisco: Jossey-Bass, 2003.
Buckley, Suzanne M., Ed. Sacred Is the Call: Formation and Transformation in Spiritual Direction Programs. New York: The Crossroad Pub. Co., 2005
Calhoun, Adele Ahlberg. Invitations from God. Downers Grove, IL: IVP, 2011.
Spiritual Disciplines Handbook. Downers Grove, IL: IVP, 2005.
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Casey, Michael. Sacred Reading: The Ancient Art of Lectio Divina. Liguori, MO: Ligouri, 2002.
Cepero, Helen. <i>Journaling As A Spiritual Practice: Encountering God Through Attentive Writing.</i> Downers Grove, IL: IVP, 2008.
Christ-shaped Character: Downers Grove: IVP, 2014.
Chandler, Diane. <i>Christian Spiritual Formation</i> . Downers Grove: IVP, 2014.
Conroy, Maureen. Looking into the Well: Supervision of Spiritual Directors. Chicago: Loyola Press 1995.

- Cronk, Sandra. Dark Night Journey: Inward Re-Patterning Toward a Life Centered in God. Pendle Hill Pubs., 1991.
- Croadsmun, Matthew. Let Me Ask You a Question: Conversations with Jesus. Nashville: Upper Room Books, 2018.
- Culligan, Kevin G. Spiritual Direction; Contemporary Readings. Eugene, OR: Wipf and Stock Pubs., 2010.
- de Caussade, Jean-Pierre. The Sacrament of the Present Moment. Reissue edition. HarperSanFrancisco, 2010.
- Demarest, Bruce. Soul Guide: Following Jesus as Spiritual Director. Colorado Springs, CO: NavPress, 2003.
- Des Cotes, Rob. Fan the Flame: Meditations for Spiritual Direction. Toronto: Clements Pub., 2006.
- DiAngelo, Robin J. White Fragility: Why It's So Hard for White People to Talk About Racism. Boston: Beacon Press, 2018.
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