



DR. ALAN WOLFELT

Dr. Alan Wolfelt has been recognized as one of North America's leading death educators and grief counselors. His books have sold more than a million copies worldwide and have been translated into many languages. He serves as Director of the Center for Loss & Life Transition and is on the faculty of the University of Colorado Medical School's Department of Family Medicine. He is known around the world for his compassionate messages of hope and healing as well as his companioning philosophy of grief care. Dr. Wolfelt speaks on grief-related topics, offers trainings for caregivers, and has written many bestselling books and other resources on grief for both caregivers and grieving people.

He is the author of more than eighty bestselling books on grief and loss, including *Understanding Your Grief and When Grief is Complicated: A Model for Therapists to Understand, Identify, and Companion Grievers Lost in the Wilderness of Complicated Grief*.



TYNDALE CENTRE FOR GRIEF AND LOSS PRESENTS

EMBRACING GRIEF WITH HOPE CONFERENCE



"Authentic mourning is an opportunity to embrace an open heart in ways that allow for and engage healing."

Dr. Alan Wolfelt

EMBRACING GRIEF WITH HOPE CONFERENCE

REGISTRATION INFORMATION

VENUE: Tyndale University | 3377 Bayview Ave. Toronto, ON

**MAY
7**

7pm-9pm

Understanding Your Grief: Touchstones for Hope and Healing

During this evening's session, we will be helped in understanding how loss influences our lives. We will be encouraged to embrace the uniqueness of our grief, quietly reflect on our feelings of loss, learn about the six essential needs we all have when someone dies.

We shall learn to understand the difference between "reconciling" your grief and "resolving" our grief.

Everyone is invited to attend. Special attention is given to those who are presently experiencing grief in their lives. If you know anyone who may benefit from this opportunity, please let them know.

**MAY
8**

9am-4pm

When Grief is Complicated: "A Model to Understand, Identify, and Companion Grievers"

After a significant loss, grief is normal and necessary. But sometimes as mourners, grief becomes stuck, or made more complex by especially difficult circumstances surrounding the death or complications surrounding the nature of the relationship.

The seminar content will include exploring the origins of complicated grief, risk factors, common symptoms and provide specific guidance on caring for complicated griever.

Come join us and learn about the important body of knowledge from one of North America's leading clinical thanatologists.

SINGLE DAY IN-PERSON CONFERENCE RATES

MAY 7, 2024

7pm to 9pm

\$40 with early registration (before March 30, 2024)

\$50 after March 30, 2024

MAY 8, 2024

9am to 4pm

\$175 with early registration (before March 30, 2024)

\$200 after March 30, 2024

FULL CONFERENCE IN-PERSON RATES

MAY 7 & 8, 2024

\$200 with early registration (before March 30, 2024)

\$225 after March 30, 2024

Price includes coffee/snack breaks & light luncheon

In-person registration closes on April 29, 2024

ONLINE CONFERENCE RATES

\$175 Full Conference

\$150 Student & Alumni

Online registration closes on May 5, 2024

**MORE INFORMATION &
REGISTRATION: [EMBRACE-HOPE.CA](https://www.tyndale.ca/embracing-grief)**